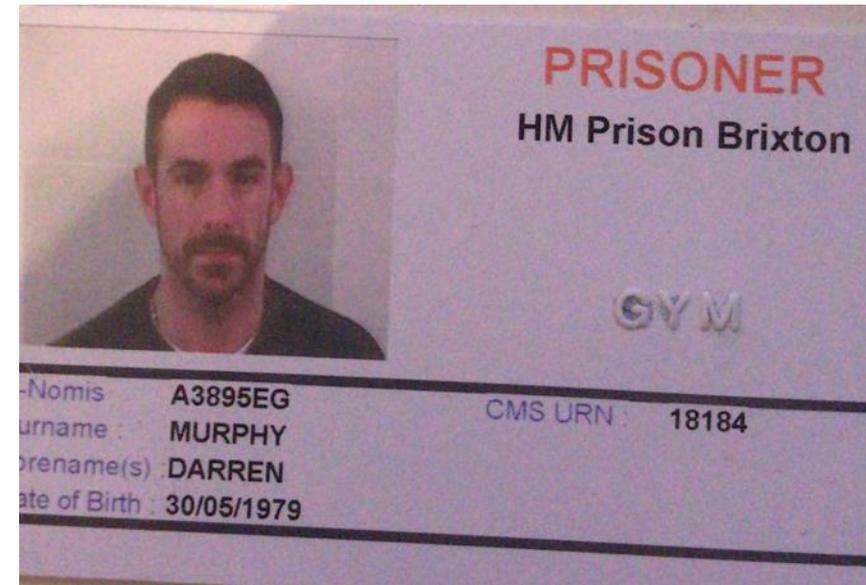
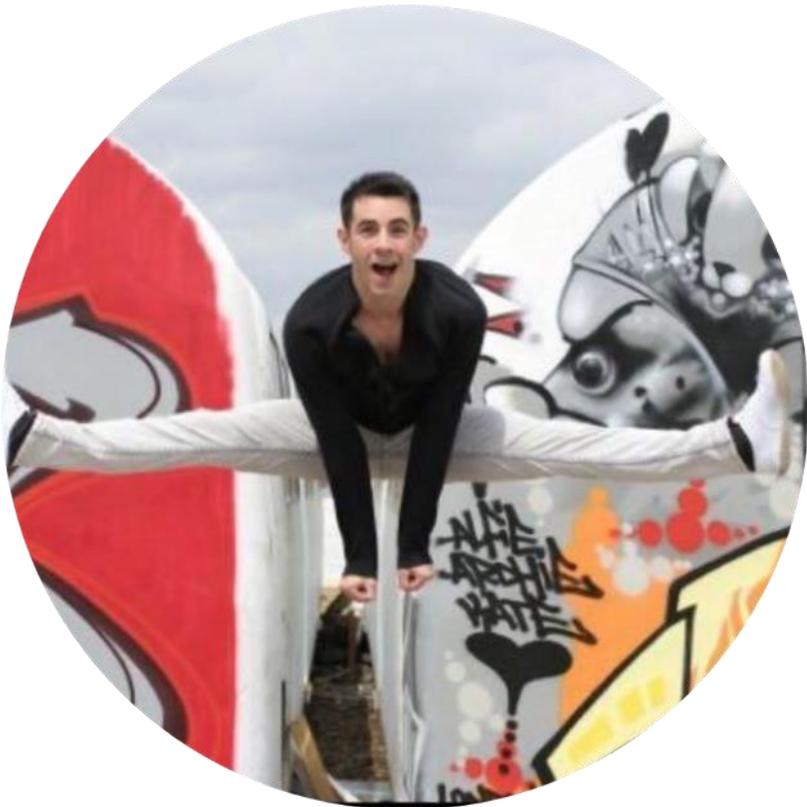




# Chemsex in Leeds: Lived Experience, Treatment, and Transformation

Darren Murphy – Specialist Chemsex Practitioner

# Lived Experience



# Our Chemsex support offer..

- Specialist role created through additional funding for Drug & Alcohol treatment
- Weekly drop-in clinic at MESMAC, linked with Sexual Health.
- Chemsex webpage on Forward Leeds for harm reduction and referrals.
- Quick, flexible, personalised individual support.
- Three intervention approaches based on need.
- City-wide training for professionals and partners.
- Collaboration with Skyline, MESMAC, Brotherton Wing & others.
- Specialist Chemsex packs with the Forward Leeds Harm Reduction Team.
- Support to mutual aid
- BBV testing (on-site & outreach).
- Healthcare assessments and Hep A & B vaccinations via in-house nurses.
- Social/media presence promoting harm reduction.
- Chemsex-focused psychosocial interventions.
- Clinical supervision with a Consultant Psychologist.
- Links to specialist Forward Leeds teams: Enhanced Care, COMHAD (Co-occurring Mental Health, Alcohol and Drug Support), Housing, Employment, Sex Worker Outreach Team, and Mental Health & wellbeing support.





## Impact and Outcomes to Date

- 300+ Professionals attended bespoke chems training
- 82% of attendees rated the content of the training 10 out of 10
- Delivered Chemsex 1:1 intervention to 26 Individuals
- 11 Individuals who have achieved their goals and successfully exited treatment
- 23% of those who have successfully exited treatment, said they would not have accessed Forward Leeds without this specialist pathway in place
- 4 Individuals accepted to engage in our Sustained Recovery/Aftercare service
- Given 8 Chemsex Harm Reduction Packs out to individuals
- BBV testing, healthcare check ups & Vaccinations offered to all we have supported
- Signposted all to sexual health checks
- Visibility at Community events and City-wide meetings
- Condoms & Lube provided to all individuals
- Creation of Chems promotional materials

# Support Pathways

## Forward Leeds General Referral Pathway

**TELEPHONE**

**0113 887 2477**

9am - 5pm Monday - Friday

Unable to get through on the phone?  
Prefer a late appointment?  
email [info@forwardleeds.co.uk](mailto:info@forwardleeds.co.uk)

**ONLINE REFERRAL**

You can use our online referral forms to refer yourself or someone else.

**Under 21's referral** →

**Over 21's referral** →

LYPFT NHS staff should use the [LYPFT StaffNet page](#) to refer people for support.

## Specialist Email:

[chemsexleads@forwardleeds.co.uk](mailto:chemsexleads@forwardleeds.co.uk)

Please use this email for training requests.

## Self Referral Form

If you would like information, advice or support please complete the short form below

What particular substances are you currently using?

Are you attending Chemsex parties?

Are you concerned about your substance use? If yes what are your concerns?

Do you consent to phone contact? Please provide you name and number

Name

Telephone

**Submit**

## Professional Referral Form

### Referral for Chemsex Support



Forward Leeds offers specific support for people who engage in Chemsex and would like information or advice.

Complete the form below and someone will be in touch with the person you are referring:

|   |
|---|
| What particular substances are they currently using?                        |
| Are they attending Chemsex parties?   |
| Are they concerned about their substance use? If so what are your concerns? |
| Do they consent to phone contact? Please provide name and number            |
| Name <input type="text"/>   |
| Telephone <input type="text"/>  |
| Address <input type="text"/>  |
| Date of Birth <input type="text"/>  |

Save this form and email it to: [spocreferral.team@nhs.net](mailto:spocreferral.team@nhs.net)